CONSENT IS FRIES



For any sex to be consensual, it needs to be:

FREELY GIVEN - without pressure, manipulation, or under the influence of drugs or alcohol.

REVERSIBLE - you can change your mind about what you have consented to at any time.

INFORMED - you can only consent to something if you have the full story.

ENTHUSIASTIC - you should only do what you want to, not what you feel you're expected to do.

SPECIFIC - saying "yes" to one thing doesn't mean you've said "yes" to others.



pauseplaystop.org.uk